



UNIVERSITY OF
SOUTH ALABAMA



4th Annual South Alabama Regional Conference on Mental Health

Healthy Brain Development, Executive
Functioning Skills, and the Neurodevelopmental
Effects of High-Risk Behaviors with

Temple Grandin, PhD and Crystal Collier, PhD

We thank our sponsors who have helped make this day possible.

Friday ~ July 29, 2022 ~ 8:00 am - 4:45 pm

USA Student Center

303 Student Center Circle, Mobile, Alabama 36688

**4th Annual South Alabama Regional Conference on
Mental Health
Friday - July 29, 2022
8:00 am - 4:45 pm
USA Student Center Ballroom
303 Student Center Circle Mobile, Alabama 36688**



Mary Temple Grandin (born August 29, 1947) is an American professor of animal science at Colorado State University, consultant to the livestock industry on animal behavior, and autism spokesperson. She is one of the first individuals on the autism spectrum to publicly share insights from her personal experience of autism. She obtained her B.A., at Franklin Pierce College and her M.S., in Animal Science at Arizona State University. Dr. Grandin received her Ph.D., in Animal Science from the University of Illinois in 1989. She has appeared on television shows such as 20/20, 48 Hours, CNN, Larry King Live, PrimeTime Live, 60 Minutes, the Today Show, and many shows in other countries. She has been featured in People Magazine, the New York Times, Forbes, U.S. News and World Report, Time Magazine, the New York Times book review, and Discover magazine. In 2010, Time Magazine named her one of the 100 most influential people. Interviews with Dr. Grandin have been broadcast on National Public Radio and she has a 2010 TED Lecture titled "The World Needs ALL Kinds of Minds." She has also authored over 400 articles in both scientific journals and livestock periodicals on animal handling, welfare, and facility design. She is the author of "Thinking in Pictures," "Livestock Handling and Transport," "Genetics and the Behavior of Domestic Animals," "Guide to Working with Farm Animals," and "Humane Livestock Handling." Her books "Animals in Translation" and "Animals Make Us Human" were both on the New York Times best seller list. "Animals Make Us Human" was also on the Canadian best seller list. Her latest book, "Calling All Minds," was a New York Times best seller for middle school students. Her life story has also been made into an HBO movie titled "Temple Grandin," starring Claire Danes, which won seven Emmy awards and a Golden Globe. The movie shows her life as a teenager and how she started her career. In 2017, she was inducted into The Women's Hall of Fame and in 2018 made a Fellow by the American Association for the Advancement of Science.



Crystal Collier is a therapist, researcher, educator in addiction, adolescent brain development, prevention programming and research, psychology, counselor education, youth recovery, recovery advocacy, parent coaching, and family of origin. She obtained her B.A., at University of Nebraska and and her M.S., in Clinical Psychology at University of Houston. Dr. Collier received her Ph.D., in Counselor Education from Sam Houston State University of Huntsville, Texas in 2013.

In this presentation, Dr. Collier will discuss healthy brain development, executive functioning skills, the neurodevelopmental effects of high-risk behavior, and the genetics of addiction. The focus will be on prevention and how parents and clinicians can use the tools in her book, *The NeuroWhereAbouts Guide*, to prevent and treat high-risk behavior in youth. Dr. Collier will describe what brain-based parenting is and how to use behavior modification to shape children and adult's behavior. Focus on assessing and building executive functioning skills will include what skills to look for in each developmental stage. The presentations on each of the 18 high-risk behaviors that she focuses on in her book.

DEADLINE FOR Pre-REGISTRATION JULY 20, 2022

4th Annual South Alabama Regional Conference on Mental Health
Friday - July 29, 2022
8:00 am - 4:45 pm
USA Student Center Ballroom
303 Student Center Circle
Mobile, Alabama 36688

\$75 early registration before June 1, 2022
\$100 registration after June 1, 2022
7.0 hours of continuing education

**To register online visit our website www.usa-cme.com or
<http://cmetracker/net/USAL/Catalog?SessionType=C>**

Hotels Near USA Campus
Hampton Inn & Suites Providence Park / Airport (251) 776-5866
Homewood Suites by Hilton (251) 634-8664

Accreditation Statement

In support of improving patient care, USA's College of Medicine Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Provider Number: 4008198

Credit Designation Statements

JA - This activity was planned by and for the healthcare team, and learners will receive 7.0 Interprofessional Continuing Education credits for learning and change.

CME - The University of South Alabama College of Medicine designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC - This program has been reviewed and is acceptable for up to 7.0 Nursing contact hours.

ACPE - This course has been approved for 7.0 hours of pharmacy continuing education credit. The approval number issued is: UAN JA4008198-0000-22-005-L04-P.

APA - Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Work - USA's Office of CME is an Alabama State Board of Social Work approved provider of social work continuing education and approves this live activity for 7.0 clinical CEs.

Educators - Educators wanting PD credit will need to register in Chalkable using PD Title # SARIC#10523 or email saric@southalabama.edu for a certificate.

BOC - The University of South Alabama College of Medicine (BOC AP# P4008198) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

AAPA - University of South Alabama Office of CME has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

7:00 pm Community Event - Talk with Temple Grandin, PhD
Open To The Public \$25 (early registration)
650 Clinic Drive, Suite 1100

**This is a separate registration from the 4th Annual South Alabama Regional
Conference on Mental Health.**



DEADLINE FOR Pre-REGISTRATION JULY 20, 2022

CONFERENCE SCHEDULE (7 contact hours)

Schedule and menu are subject to change based on availability.

7:00-7:45 Check-in and Breakfast (grits, eggs, bacon/sausage, biscuits, fruit, juice, water, coffee)

7:45 Introduction, Welcome, Housekeeping, CME info

8:00 – 9:00 Brain Development – Part 1 with Crystal Collier, PhD

9:00 – 9:05 Transition Break

9:05 – 10:05 Brain Development – Part 2 with Crystal Collier, PhD

10:05 – 10:20 Morning Break (cookies, brownies, water)

10:20 – 11:20 Executive Functioning Skills with Crystal Collier, PhD

11:20 – 11:25 Transition Break

11:25 – 12:25 Neurodevelopmental Effects of High-Risk Behaviors with Crystal Collier, PhD

12:25 – 1:25 Lunch (cajun chicken, loaded mashed potatoes, rolls, salad, tea, water, dessert)

1:25 – 2:25 Temple Talk

2:25 – 2:30 Transition Break

2:30 – 3:30 Genetics of Addictions with Crystal Collier, PhD

3:30 – 3:45 Afternoon Break (ice cream, water)

3:45 – 4:45 Your Teenager's Brain Discussion Panel with Crystal Collier, PhD and Temple Grandin, PhD

ABOUT THE PROGRAM

The University of South Alabama, Office of Continuing Medical Education presents the 4th Annual South Alabama Regional Conference on Mental Health July 29, 2022. The conference will bring together speakers/experts to share their research, experience, and interventions surrounding healthy brain development, executive functioning, neurodevelopmental effects of high-risk behaviors, and autism.

Objectives

Recognize through brain development when behavior modification is no longer effective through the use of the healthcare, mental health, and education team.

Implement specific tools and strategies of executive functioning to assist individuals and their families/caregivers.

Manage or overcome issues preventing academic, personal, or social success by understanding neurodevelopment.

Planners and Speakers

Elizabeth Rose "Izzy" Cranford, Sharrie Cranford, Crystal Collier, Temple Grandin, Kim Hodge, and Carletta Morgan. All those in a position to affect content have declared they have no relevant financial or other types of relationships to disclose.

CONTACT INFORMATION

Sharrie Cranford, LICSW, PIP, MS
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Mobile, Alabama 36688
(251)414-8080
cme@southalabama.edu



REGISTRATION FORM

Name _____ Discipline/Credentials _____

Affiliation _____

Phone _____ Cell _____

Address _____

City/State/Zip _____

ADA Special Needs - Participants requiring special accommodations or with dietary restrictions should contact registration in person two weeks prior to the date of activity.

Registration Fee

Registration by June 1, 2022
\$75.00 Conference

Registration after June 1, 2022
\$100.00 Conference

Total Due: \$

No Refunds. Fee can be transfered to next year's mental health or ethics and opioid conference.

Method of Payment Check Visa MasterCard American Express Discover Card

Name on Card _____ Card Number _____

Billing Address _____ Billing City/State/Zip _____

Exp. Date _____ Security Code _____ Amount _____ Signature _____

Make checks payable to **South Alabama Medical Science Foundation**

Signature _____

Return to

South Alabama Medical Science Foundation 5795 USA Drive North, CSAB 104
Mobile, Alabama 36688-0002

Online registration: <http://cmetracker.net/USAL/Catalog?SessionType=C>

2022

Community Event with Temple Grandin, PhD

USA Office of CME - Conference Center
650 Clinic Drive, Suite 1100
Mobile, Alabama 36688

July 29, 2022
7:00pm

**Community Event
Open To The Public
\$25 (early registration)
\$45 on July 1, 2022**

**Limited Seating.
Register Soon.**



Community Event Open To The Public \$25 (early registration)
\$45 on July 1, 2022

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4th Annual South Alabama Regional Conference on Mental Health

No refunds offered.

Register using this link

<https://www.southalabama.edu/colleges/com/cme/>

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